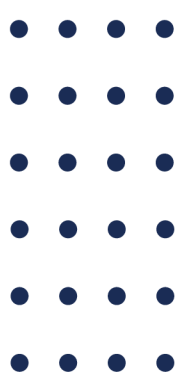




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THE 5-4-3-2-1

Effortless Host Guide



5 DAYS BEFORE

- ☐ Confirm guest attendance (send reminders)
- ☐ Prep your exterior: mow lawn, sweep porches, clear clutter, tidy entryways

4 DAYS BEFORE

- ☐ Deep clean your home: dust, vacuum, mop, wipe down surfaces

3 DAYS BEFORE


- ☐ Gather decorations, candles, tablecloths, serveware
- ☐ Wash or inspect items stored away; set everything in one place

2 DAYS BEFORE

- ☐ Walk through your home as if you're a guest
- ☐ Rearrange furniture, clear clutter, plan flow and traffic paths for food/drink stations



1 DAY BEFORE

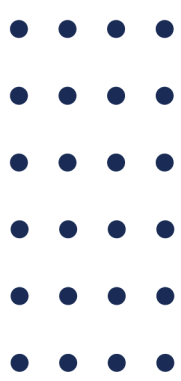
- ☐ Prep as much food as possible: chop, marinate, bake, etc
- 



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5 HOURS BEFORE

- ☐ Put up decorations, set the table, add finishing touches

4 HOURS BEFORE

- ☐ Quick refresh: vacuum, wipe surfaces, tidy entry and common areas
- ☐ Refresh bathrooms: new towels, empty trash, stock soap

3 HOURS BEFORE


- ☐ Start cooking main dishes
- ☐ Layout food that can be plated early (cold appetizers, charcuterie)

2 HOURS BEFORE

- ☐ Clean as you go: wipe counters, load dishwasher, reset your kitchen
- ☐ Start atmosphere touches: open windows, light candles or set diffusers



1 HOUR BEFORE

- ☐ Get yourself ready: shower, dress, hair, makeup
 - ☐ Adjust thermostat, lighting, background music
- 



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Effortless Host Guide

MINDSET: THE EFFORTLESS HOST

This system shifts your energy from chaos to calm.

It's not about perfection—it's about preparation.

When guests arrive, your home, food, ambiance, and you are ready—so you can enjoy the event.

